



Sleep Disorders Center OF PRESCOTT VALLEY, LLC



3259 N. Windsong Dr.
Prescott Valley, Arizona
86314
928-772-6422
Fax 928-772-6425
PVsleep.com

PATIENT REGISTRATION FORM

PATIENT INFORMATION

Patient's Name: Last _____ First _____ Middle Initial _____
 Social Security #: _____ Date of Birth: _____ Age: _____ Gender: _____ Marital Status: (S,M,W,D) _____
 Address: _____ City/State: _____ Zip: _____
 Home Phone: _____ Cell Phone: _____ Work Phone: _____
 Email: _____ Pharmacy Name and Phone: _____
 Employer: _____ Occupation: _____ Regular hours? Yes ___ No ___
 Emergency Contact Name: _____ Relationship: _____ Phone Number: _____

INSURANCE INFORMATION

Primary Insurance Name: _____ Policy Holder Name: _____
 Policy Holder Date of Birth: _____ ID #: _____ Group #: _____
 Relationship to Patient: _____
 Secondary Insurance Name: _____ Policy Holder Name: _____
 Policy Holder Date of Birth: _____ ID #: _____ Group #: _____

RESPONSIBLE PARTY INFORMATION (IF OTHER THAN PATIENT)

Guarantor's Name: Last _____ First _____ Middle Initial _____
 Social Security #: _____ Date of Birth: _____ Age: _____ Gender: _____ Marital Status: (S,M,W,D) _____
 Address: _____ City/State: _____ Zip: _____
 Home Phone: _____ Cell Phone: _____ Work Phone: _____
 Email: _____ Employer: _____

I, the undersigned, certify that my dependent or I have insurance coverage as indicated above. I assign directly to Sleep Disorders Center of Prescott Valley, LLC all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the practice to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all insurance submissions.

Patient/Parent or Legal Guardian Signature

Relationship

Date

Please print and bring to your appointment or email.
<mailto:info@pvsleep.com>



Sleep Disorders Center OF PRESCOTT VALLEY, LLC

Robert S. Rosenberg, D.O., F.C.C.P.
Board Certified Pulmonary and Sleep Medicine
Medical Director

FINANCIAL POLICY

All patients must sign the Financial Policy form. Please read and sign.

Insurance:

Your insurance policy is a contract between you and your insurance company. We are not a party to that contract. All co-pays and deductibles will need to be collected the day of your appointment/sleep study. If your insurance company needs a referral, it will be up to your primary doctor to obtain and fax this to our office before the time of service. As a courtesy, your insurance company will be billed for you/ however, you will be responsible for all non-covered charges and any payment mailed directly to you by your health insurance company. Questions or concerns regarding changes must be directed to the Sleep Disorders Center of Prescott Valley, LLC.

Usual and Customary Rates:

Our practice is committed to providing the best treatment for our patients and we charge what is usual and customary for our area. You are responsible for payment regardless of any insurance company's arbitrary determination of usual and customary.

Bad Debt/Collections:

If an account is turned over to a collection agency, all visits will be charged on a cash basis, NO EXCEPTIONS. If my account is placed for collection, I acknowledge responsibility for associated collection expenses (a 25% collection fee will be added to my balance turned over to the collection agency). Once your account has been turned over to collections, you will no longer be seen at our office until the debt is satisfied. There will be a \$25 charge for all returned checks.

To My Insurance Carrier(s):

- 1) I authorize the release of medical information necessary to process insurance claim(s).
- 2) I authorize and request payment of medical benefits directly to my physicians.
- 3) I agree that the authorization will cover all medical services rendered until such authorization is revoked by me.
- 4) I agree that a photocopy of this form may be used in lieu of the original.

If you have any questions about the above information or any uncertainty regarding insurance, please do not hesitate to ask us. We are here to help you.

Authorization to pay; I hereby authorize payment directly to the Sleep Disorders Center of Prescott Valley, LLC, for medical benefits, if any, and otherwise payable to me for services. I understand I am financially responsible for the charges not covered by my insurance. I authorize the use of this signature on all insurance claims.

Patient's Name (Printed)

Signature of Patient or Responsible Party

Date



Testing and evaluation of sleep-related disorders

3259 N. Windsong Dr. ♦ Prescott Valley, Arizona 86314 ♦ 928-772-6422 ♦ Fax 928-772-6425



Sleep Disorders Center OF PRESCOTT VALLEY, LLC

Robert S. Rosenberg, D.O., F.C.C.P.
Board Certified Pulmonary and Sleep Medicine
Medical Director

Sharon Bettinger, M.S., R.D., PA-C
Physician Assistant

Patient History

Patient Personal Information:

Name: _____ DOB: _____

Previous Address: _____

Physician Information:

Requesting Physician: _____ Phone #: _____ Fax #: _____

Primary Physician: _____ Phone #: _____ Fax #: _____

History and Physical Information:

Have you ever had a sleep study? Yes No If Yes, what year? : _____

Who performed the Sleep Study? _____ Do you have a copy? Yes No

Are you currently using a machine? Yes No If Yes, what machine: _____

Does your Machine have a Modem or an SD card? _____

What is your DME (Durable Medical Equipment) Company? _____

Do you use an Oral Device? Yes No

Do you have a Cardiologist or a Pulmonologist? Yes No If Yes, whom?

History of Sleep Problems?

—

Excessive Daytime Sleepiness

Shift Work

- | | |
|--|--|
| <input type="checkbox"/> Morning Headaches | <input type="checkbox"/> Cataplexy |
| <input type="checkbox"/> Snoring | <input type="checkbox"/> Nocturia |
| <input type="checkbox"/> Witnessed Apneas | <input type="checkbox"/> Sleep Paralysis |
| <input type="checkbox"/> Claustrophobia | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Frequent Awakenings | <input type="checkbox"/> Sleep Walking |

Medical Conditions: _____

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> Cardiac Arrhythmias | <input type="checkbox"/> Gerd |
| <input type="checkbox"/> CHF | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> ALS | <input type="checkbox"/> Chronic Pain |
| <input type="checkbox"/> Stroke/Weakness | <input type="checkbox"/> Asthma/COPD |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Fibromyalgia |

Social and Family History: _____



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Patient's name _____ Date of birth _____

SLEEP EVALUATION QUESTIONNAIRE

Please answer each of the following questions:

Name: _____

Height: _____ Weight: _____

Racial/ethnic background:

White/Caucasian _____

Black/African American _____

Asian _____

Native American _____

Latino/Hispanic _____

Multiracial _____

Education: _____

What are your major concerns about your sleep?

What things have you tried to help your problem?

Do you have a regular bed partner? Yes No

Which of the following best describes your sleep problem? Snoring _____ Excessive sleeping or fatigue _____

Difficulty getting to sleep and/or staying asleep _____ Abnormal or unusual behavior during sleep _____

Other _____

How long has this problem been present? _____ months/years

Do you have any other problems with you sleep? How long? _____

Have you had a sleep problem diagnosed in the past? Yes No If yes, what was the problem? _____

What treatment(s) were tried? Ambien Halcion Lunesta Melatonin Restoril Rozerem Sonata Trazodone Xanax

Other _____ What helped? _____

What time do you usually go to bed? _____ What time do you get up? _____

How many hours of sleep do you think you get? _____ hours

Do you keep a regular sleep/wake schedule? Yes No

What is the average number of minutes it takes to fall asleep at night? _____ minutes

Do you often awaken during the night? Yes No

If yes, what is the typical number of times per night you wake up? _____

What awakens you? _____

Do you feel excessively sleepy in the daytime? Yes No If yes, for how long? Months/years _____

I can sleep 12 hours or more at a time. Daily Weekly 1-3 times per month Never

Do you feel your sleepiness is a result of poor quality of nighttime sleep? Yes No

Have you fallen asleep while driving? Yes No If yes, how often? _____

How many near miss accidents because of drowsiness or sleepiness have you had in the past 12 months? _____

Patient's name

Date of birth

Check the best answer

After a night's sleep, how often do you feel restored? Daily <input type="checkbox"/> Weekly <input type="checkbox"/> 1-3 times/month <input type="checkbox"/> Never <input type="checkbox"/>
Do you snore? Never <input type="checkbox"/> Occasionally <input type="checkbox"/> Frequently <input type="checkbox"/> Always <input type="checkbox"/> How loud? (your opinion) _____ Bed partner opinion _____ [1-10, 10 being very loud and disturbing]
Does position affect your snoring? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, what position is loudest? Back _____ Stomach _____ Right side _____ Left side _____
Do you wake up coughing? Daily <input type="checkbox"/> Weekly <input type="checkbox"/> 1-3 times/month <input type="checkbox"/> Never <input type="checkbox"/>
Do you wake up choking? Daily <input type="checkbox"/> Weekly <input type="checkbox"/> 1-3 times/month <input type="checkbox"/> Never <input type="checkbox"/>
Do you stop breathing during sleep? Daily <input type="checkbox"/> Weekly <input type="checkbox"/> 1-3 times/month <input type="checkbox"/> Never <input type="checkbox"/>
Do you wake up with dry mouth/sore throat/headache? Daily <input type="checkbox"/> Weekly <input type="checkbox"/> 1-3 times per month <input type="checkbox"/> Never <input type="checkbox"/>
Do you wake up with a stomach acid taste in your mouth? Daily <input type="checkbox"/> Weekly <input type="checkbox"/> 1-3 times per month <input type="checkbox"/> Never <input type="checkbox"/>
Do you wake up confused in the morning? Daily <input type="checkbox"/> Weekly <input type="checkbox"/> 1-3 times/month <input type="checkbox"/> Never <input type="checkbox"/>
Have you experienced excessive weight gain over the past months or years? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, how much weight? _____
Do you feel your sleepiness has to do with your weight gain? Yes <input type="checkbox"/> No <input type="checkbox"/>
Have you dieted to lose weight? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, how much weight? _____ Have you kept it off? Yes <input type="checkbox"/> No <input type="checkbox"/>
Do you dream during your naps or sleep? Yes <input type="checkbox"/> No <input type="checkbox"/>
Have you ever felt sudden muscle weakness when laughing, angry, or surprised? Yes <input type="checkbox"/> No <input type="checkbox"/>
Have you ever been unable to move your body just as you were falling asleep or waking? Yes <input type="checkbox"/> No <input type="checkbox"/>
Have you ever had any visual hallucinations or very vivid dreams just as falling asleep or awakening? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, describe _____

MOVEMENT

Are your bedcovers extremely messy when you awaken? Yes <input type="checkbox"/> No <input type="checkbox"/>
Do you wake yourself by kicking your legs during the night? Yes <input type="checkbox"/> No <input type="checkbox"/>
Has your bed partner ever complained of your leg kicking during the night? Yes <input type="checkbox"/> No <input type="checkbox"/>
Do you regularly experience a restless or uncomfortable sensation in your legs that is relieved by movement or walking? Yes <input type="checkbox"/> No <input type="checkbox"/>

HABITS

Have you ever smoked cigarettes? Yes <input type="checkbox"/> No <input type="checkbox"/>
Do you currently smoke? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, give an estimate of average packs of cigarettes per day _____ Years of smoking? _____
On average, I drink 1 cup (8oz) Caffeinated coffee _____ cups per day. Time of day _____ a.m. _____ p.m. Caffeinated tea _____ cups per day. Time of day _____ a.m. _____ p.m. Caffeinated soft drink _____ cups per day. Times of day _____ a.m. _____ p.m.
Do you currently smoke marijuana or take any other mood-altering drugs? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, what and how much? _____
Do you currently drink alcohol? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, on the average, how many drinks? Per day _____ Time of day? _____ a.m. _____ p.m.

FAMILY HISTORY

Do other members of your family stop breathing at night? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, explain _____
Do other members of your immediate family have daytime sleepiness? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, explain _____
Do other members of your immediate family have any other sleep problems? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, explain _____

Patient's name

Date of birth

PSYCHOLOGICAL HISTORY

Do you feel depressed? Never Occasionally Frequently Always

Have you experienced a personality change in the last year? Yes No

If yes, describe _____

Have you ever seen a psychiatrist or any type of counselor? Yes No

Do you have any other comments regarding your sleep?

SLEEP HYGIENE

Do you nap during the day? Yes No

If yes, how many naps per day _____ Per week _____ Average length of nap _____ hours/minutes

Are you refreshed by your nap? Yes No

Do you read in bed? Yes No

Do you watch TV in bed? Yes No

Do you write in bed? Yes No

Do you eat in bed? Yes No

Do you think or worry in bed? Yes No

Do you currently do shift or night work? Yes No If yes, what hours do you work? _____

Have you done shift work or night work in the past? Yes No

If yes, did you have trouble sleeping when you did shift work? Yes No

If you could set your own schedule, what time would you go to bed? _____ a.m. _____ p.m.

What time would you get up? _____ a.m. _____ p.m.

How many times a week do you exercise? _____ What time of day do you exercise? _____ a.m. _____ p.m.

Do you work on a computer before bed or during the night if unable to sleep? Yes No

INSOMNIA *Answer the following questions assuming "night" means your major sleep time*

Do you often have trouble getting to sleep at night? Yes No

Do you go to bed when you are sleepy? Yes No

Do you have prolonged periods when you are awake and cannot get back to sleep? Yes No

If yes, for how long are you awake altogether during the night? _____ minutes per night

Does waking too early and not being able to get back to sleep bother you? Yes No

How many nights per week do you have a sleep problem? _____ nights per week

Do you frequently check the clock when you are unable to sleep? Yes No

Has your mood, memory, or thought process recently changed? Yes No

Have you noticed a decrease in sexual interest or function? Yes No

Within the last year, has depression, anxiety, or stress interfered with your sleep? Yes No

If you had the opportunity, could you nap during the day? Yes No

PARASOMNIAS

Do you have episodes of flailing arms/kicking legs/talking/screaming during sleep?

Nightly Weekly 1-3 times per month Never

Do you recall a dream or fragment preceding these episodes? Nightly Weekly 1-3 times per month Never


Are you confused during these episodes? Yes No Do you remember an episode in the morning? Yes No

If yes, describe _____

Do you walk in your sleep? Yes No If yes, how often? _____

Patient's name Date

Fatigue Severity Scale

During the past week, I found that:	Disagree						Agree
My motivation is lower when I am fatigued	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
Exercise brings on my fatigue	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
I am easily fatigued	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
Fatigue interferes with my physical functioning	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
My fatigue prevents sustained physical functioning	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
Fatigue interferes with carrying out certain duties and responsibilities	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
Fatigue is among the three most disabling symptoms	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
Fatigue interferes with my work, family, or social life	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
Total each column							
TOTAL ALL							_____

Epworth Sleepiness Scale

Instructions:

In your current, usual way of life, how likely are you to nod off or fall asleep in the following situations, in contrast to feeling just tired: Even if you have not done some of these things recently, try to work out how they would affect you. It is important that you answer each question as best you can.

Using the following scale, choose the most appropriate number for each situation:

Situation	0 Would never nod off	1 Slight chance of nodding off	2 Moderate chance of nodding off	3 High chance of nodding off
Sitting and reading	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watching TV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting, inactive , in a public place (e.g., in a meeting, theater, or dinner event)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
As a passenger in a car for an hour or more Without stopping for a break	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lying down to rest when circumstances permit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting and talking to someone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting quietly after a meal without alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In a car, while stopped for a few minutes In a traffic or at a light	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Patient's name

Date of birth

MEDICAL HISTORY

Do you currently have or have you ever been diagnosed with: (check all that apply)

	YES	NO
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Lung Disease	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>
Seizures	<input type="checkbox"/>	<input type="checkbox"/>
Trauma/Surgery on Nose, Mouth (not teeth), Throat	<input type="checkbox"/>	<input type="checkbox"/>
Meningitis	<input type="checkbox"/>	<input type="checkbox"/>
Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>
Panic/Anxiety Disorder	<input type="checkbox"/>	<input type="checkbox"/>
Eating Disorder	<input type="checkbox"/>	<input type="checkbox"/>

MEDICATIONS

Please list any medication you currently take, both prescription and non-prescription:					
MEDICINE	DOSE	HOW OFTEN?	MEDICINE	DOSE	HOW OFTEN?
1.			7.		
2.			8.		
3.			9.		
4.			10.		
5.			11.		
6.			12.		

ALLERGIES

1.
2.
3.
4.
5.
6.

STOP – BANG Sleep Apnea Questionnaire

Name: _____ Age: _____ DOB: _____

S^{noring}
Do you snore loudly (louder than talking or loud enough to be heard through closed doors)?
Yes No

T^{ired}
Do you often feel tired, fatigued, or sleepy during daytime?
Yes No

O^{bserved}
Has anyone observed you stop breathing during your sleep?
Yes No

P^{ressure}
Do you have or are you being treated for high blood pressure?
Yes No

B^{MI}
Is your BMI more than 35 kg/m²?
Yes No

A^{ge}
Are you over 50 years old?
Yes No

N^{eck Circumference}
Is your neck circumference greater than 16 inches?
Yes No

G^{ender}
Are you male?
Yes No

AUTHORIZATION FOR USE AND DISCLOSURE OF MEDICAL INFORMATION

This authorization allows the healthcare provider named below to release confidential medical information and records.
Note: *Information and records regarding treatment of minors, HIV, psychiatric/mental health conditions, or alcohol/substance abuse have special rules that require specific authorization.*

AUTHORIZATION

I hereby authorize _____
Physician/Healthcare Facility Phone number Fax number

Address

To release information on _____ (Patient's Name) _____ (Patient's DOB)
regarding my medical history, illness or injury, consultation, prescriptions, treatment, diagnosis, or prognosis, including x-rays, correspondence and/or medical records including those from my other healthcare providers that the above named healthcare provider my hold, by means of mail, fax, or other electronic methods.

- The most recent two years of pertinent information (chart notes, labs, x-rays, EKGs)
 Sleep studies with recent medical notes.
 Specific information (please specify): _____

To: **Sleep Disorders Center of Prescott Valley, LLC**
3259 N. Windsong Dr.
Prescott Valley, AZ 86314
(928) 772-6422
Fax (928) 772-6425

The medical information/records will be used for the following purpose:

- Continued care with other healthcare provider
 Transfer to another healthcare provider
 Other (specify) _____

DURATION

This authorization shall be effective immediately and remain in effect until _____ (Date)

RESTRICTIONS

Permissions for further use or disclosure of this medical information is not granted unless another authorization is obtained from me or unless such disclosure is specifically required or permitted by law.

A photocopy or facsimile of the authorization shall be considered as effective and valid as the original.

I have been advised of my right to receive a copy of this authorization.

Signature of Patient or representative

Date

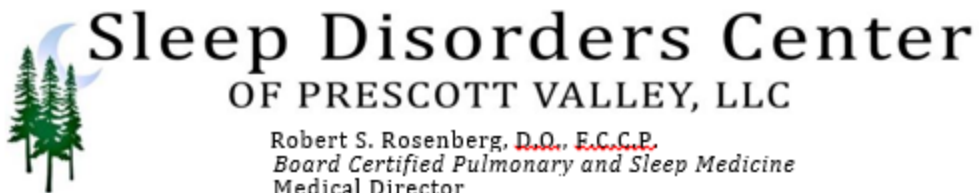
Relationship if other than patient

Patient's Name (print)

Patient's date of birth

Witness Name

Witness Signature



Telemedicine Patient Consent Form

I, , agree to participate in a telemedicine evaluation. By signing this agreement, I authorize the electronic transmission of my medical information and/or videoconference session so that it can be viewed by a doctor and other persons involved in my medical care. [Note: The likelihood of this transmission being intercepted by persons other than those at the consulting site is extremely small].

I understand that I can withdraw my permission at any time and that I do not have to answer any questions that I consider inappropriate or am unwilling to have heard by other persons I understand that as with any technology, telemedicine does have its limitations. There is no guarantee, therefore, that this telemedicine session will eliminate the need for me to see a specialist in person. I understand that medical records of telemedicine services will be kept at both the referring site facility and the consulting site facility. I understand that some or all of my medical information may be used for teaching or educational purposes.

I have read and understand the information provided above regarding telemedicine, have discussed it with my physician or such assistants as may be designated, and all of my questions have been answered to my satisfaction. I hereby give my informed consent for the use of telemedicine in my medical care.

Signature of patient (or parent/guardian): Date:

Email: Phone:

Signature of witness: Date:



Testing and evaluation of sleep-related disorders

3259 N. Windsong Dr. • Prescott Valley, Arizona 86314 • 928-772-6422 • Fax 928-772-6425

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HIPAA NOTICE OF PRIVACY PRACTICES

Effective Date: _____

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN OBTAIN ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

The terms of this Notice of Privacy Practices, ("Notice") apply to Sleep Disorders Center of Prescott Valley, LLC, its affiliates, and its employees. Sleep Disorders Center of Prescott Valley, LLC will share protected health information of patients as necessary to carry out treatment, payment, and health care operations as permitted by law. We are required by law to maintain the privacy of our patients' protected health information and to provide patients with notice of our legal duties and privacy practices with respect to protected health information. We are required to abide by the terms of this Notice for as long as it remains in effect. We reserve the right to change the terms of this Notice as necessary and to make a new notice of privacy practices effective for all protected health information maintained by Sleep Disorders Center of Prescott Valley, LLC. We are required to notify you in the event of a breach of your unsecured protected health information. We are also required to inform you that there may be a provision of state law that relates to the privacy of your health information that may be more stringent than a standard or requirement under the Federal Health Insurance Portability and Accountability Act ("HIPAA"). A copy of any revised Notice of Privacy Practices or information pertaining to a specific State law may be obtained by mailing a request to the Privacy Officer at the address below.

USES AND DISCLOSURES OF YOUR PROTECTED HEALTH INFORMATION:

Authorization and Consent: Except as outlined below, we will not use or disclose your protected health information for any purpose other than treatment, payment or health care operations unless you have signed a form authorizing such use or disclosure. You have the right to revoke such authorization in writing, with such revocation being effective once we actually receive the writing; however, such revocation shall not be effective to the extent that we have taken any action in reliance on the authorization, or if the authorization was obtained as a condition of obtaining insurance coverage, other law provides the insurer with the right to contest a claim under the policy or the policy itself.

Uses and Disclosures for Treatment: We will make uses and disclosures of your protected health information as necessary for your treatment. Doctors and nurses and other professionals involved in your care will use information in your medical record and information that you provide about your symptoms and reactions to your course of treatment that may include procedures, medications, tests, medical history, etc.

Uses and Disclosures for Payment: We will make uses and disclosures of your protected health information as necessary for payment purposes. During the normal course of business operations, we may forward information regarding your medical procedures and treatment to your insurance company to arrange payment for the services provided to you. We may also use your information to prepare a bill to send to you or to the person responsible for your payment.

Uses and Disclosures for Health Care Operations: We will make uses and disclosures of your protected health information as necessary, and as permitted by law, for our health care operations, which may include clinical improvement, professional peer review, business management, accreditation and licensing, etc. For instance, we may use and disclose your protected health information for purposes of improving clinical treatment and patient care.

Individuals Involved In Your Care: We may from time to time disclose your protected health information to designated family, friends and others who are involved in your care or in payment of your care in order to facilitate that person's involvement in caring for you or paying for your care. If you are unavailable, incapacitated, or facing an emergency medical situation and we determine that a limited disclosure may be in your best interest, we may share limited protected health information with such individuals without your approval. We may also disclose limited protected health information to a public or private entity that is authorized to assist in disaster relief efforts in order for that entity to locate a family member or other persons that may be involved in some aspect of caring for you.

Business Associates: Certain aspects and components of our services are performed through contracts with outside persons or organizations, such as auditing, accreditation, outcomes data collection, legal services, etc. At times it may be necessary for us to provide your protected health information to one or more of these outside persons or organizations who assist us with our health care operations. In all cases, we require these associates to appropriately safeguard the privacy of your information.

Appointments and Services: We may contact you to provide appointment updates or information about your treatment or other health-related benefits and services that may be of interest to you. You have the right to request and we will accommodate reasonable requests by you to receive communications regarding your protected health information from us by alternative means or at alternative locations. For instance, if you wish appointment reminders to not be left on voice mail or sent to a particular address, we will accommodate reasonable requests. With such request, you must provide an appropriate alternative

Patient's name

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address or method of contact. You also have the right to request that we not send you any future marketing materials and we will use our best efforts to honor such request. You must make such requests in writing, including your name and address, and send such writing to the Privacy Officer at the address below.

Research: In limited circumstances, we may use and disclose your protected health information for research purposes. In all cases where your specific authorization is not obtained, your privacy will be protected by strict confidentiality requirements applied by an Institutional Review Board, which oversees the research, or by representations of the researchers that limit their use and disclosure of your information.

Fundraising: We may use your information to contact you for fundraising purposes. We may disclose this contact information to a related foundation so that the foundation may contact you for similar purposes. If you do not want us or the foundation to contact you for fundraising efforts; you must send such request in writing to the Privacy Officer at the address below.

Other Uses and Disclosures: We are permitted and/or required by law to make certain other uses and disclosures of your protected health information without your consent or authorization for the following:

- Any purpose required by law;
- Public health activities such as required reporting of immunizations, disease, injury, birth and death, or in connection with public health investigations;
- If we suspect child abuse or neglect; if we believe you to be a victim of abuse, neglect or domestic violence;
- To the Food and Drug Administration to report adverse events, product defects, or to participate in product recalls;
- To your employer when we have provided health care to you at the request of your employer;
- To a government oversight agency conducting audits, investigations, civil or criminal proceedings;
- Court or administrative ordered subpoena or discovery request;
- To law enforcement officials as required by law if we believe you have been the victim of abuse, neglect, or domestic violence. We will only make this disclosure if you agree or when required or authorized by law;
- To coroners and/or funeral directors consistent with law;
- If necessary to arrange an organ or tissue donation from you or a transplant for you;
- If you are a member of the military, we may also release your protected health information for national security or intelligence activities; and
- To workers' compensation agencies for workers' compensation benefit determination.

DISCLOSURES REQUIRING AUTHORIZATION:

Psychotherapy Notes: We must obtain your specific written authorization prior to disclosing any psychotherapy notes unless otherwise permitted by law. However, there are certain purposes for which we may disclose psychotherapy notes, without obtaining your written authorization, including the following: (1) to carry out certain treatment, payment or healthcare operations (e.g., use for the purposes of your treatment, for our own training, and to defend ourselves in a legal action or other proceeding brought by you), (2) to the Secretary of the Department of Health and Human Services to determine our compliance with the law, (3) as required by law, (4) for health oversight activities authorized by law, (5) to medical examiners or coroners as permitted by state law, or (6) for the purposes of preventing or lessening a serious or imminent threat to the health or safety of a person or the public.

Genetic Information: We must obtain your specific written authorization prior to using or disclosing your genetic information for treatment, payment, or health care operations purposes. We may use or disclose your genetic information, or the genetic information of your child, without your written authorization only where it would be permitted by law.

Marketing: We must obtain your authorization for any use or disclosure of your protected health information for marketing, except if the communication is in the form of (1) a face-to-face communication with you, or (2) a promotional gift of nominal value.

Sale of Protected Information: We must obtain your authorization prior to receiving direct or indirect remuneration in exchange for your health information; however, such authorization is not required where the purpose of the exchange is for:

- Public health activities;
- Research purposes, provided that we receive only a reasonable, cost-based fee to cover the cost to prepare and transmit the information for research purposes;
- Treatment and payment purposes;
- Health care operations involving the sale, transfer, merger or consolidation of all or part of our business and for related due diligence;
- Payment we provide to a business associate for activities involving the exchange of protected health information that the business associate undertakes on our behalf (or the subcontractor undertakes on behalf of a business associate) and the only remuneration provided is for the performance of such activities;
- Providing you with a copy of your health information or an accounting of disclosures;
- Disclosures required by law;
- Disclosures of your health information for any other purpose permitted by and in accordance

Patient's name

Date of birth

with the Privacy Rule of HIPAA, as long as the only remuneration we receive is a reasonable, cost-based fee to cover the cost to prepare and transmit your health information for such purpose or is a fee otherwise expressly permitted by other law; or

- Any other exceptions allowed by the Department of Health and Human Services.

RIGHTS THAT YOU HAVE REGARDING YOUR PROTECTED HEALTH INFORMATION:

Access to Your Protected Health Information: You have the right to copy and/or inspect much of the protected health information that we retain on your behalf. For protected health information that we maintain in any electronic designated record set, you may request a copy of such health information in a reasonable electronic format, if readily producible. Requests for access must be made in writing and signed by you or your legal representative. You may obtain a "Patient Access to Health Information Form" from the front office person. You will be charged a reasonable copying fee and actual postage and supply costs for your protected health information. If you request additional copies you will be charged a fee for copying and postage.

Amendments to Your Protected Health Information: You have the right to request in writing that protected health information that we maintain about you be amended or corrected. We are not obligated to make requested amendments, but we will give each request careful consideration. All amendment requests, must be in writing, signed by you or legal representative, and must state the reasons for the amendment/correction request. If an amendment or correction request is made, we may notify others who work with us if we believe that such notification is necessary. You may obtain an "Amendment Request Form" from the front office person or individual responsible for medical records.

Accounting for Disclosures of Your Protected Health Information: You have the right to receive an accounting of certain disclosures made by us of your protected health information after April 14, 2003. Requests must be made in writing and signed by you or your legal representative. "Accounting Request Forms" are available from the front office person or individual responsible for medical records. The first accounting in any 12-month period is free; you will be charged a fee for each subsequent accounting you request within the same 12-month period. You will be notified of the fee at the time of your request.

Restrictions on Use and Disclosure of Your Protected Health Information: You have the right to request restrictions on uses and disclosures of your protected health information for treatment, payment, or health care operations. We are not required to agree to most restriction requests, but will attempt to accommodate reasonable requests when appropriate. You do, however, have the right to restrict disclosure of your protected health information to a health plan if the disclosure is for the purpose of carrying out payment or health care operations and is not otherwise required by law, and the protected health information pertains solely to a health care item or service for which you, or someone other than the health plan on your behalf, has paid Sleep Disorders Center of Prescott Valley, LLC in full. If we agree to any discretionary restrictions, we reserve the right to remove such restrictions as we appropriate. We will notify you if we remove a restriction imposed in accordance with this paragraph. You also have the right to withdraw, in writing or orally, any restriction by communicating your desire to do so to the individual responsible for medical records.

Right to Notice of Breach: We take very seriously the confidentiality of our patients' information, and we are required by law to protect the privacy and security of your protected health information through appropriate safeguards. We will notify you in the event a breach occurs involving or potentially involving your unsecured health information and inform you of what steps you may need to take to protect yourself.

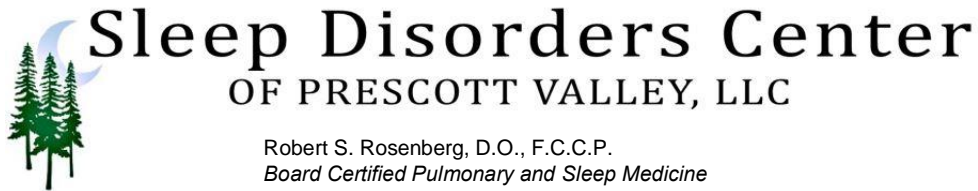
Paper Copy of this Notice: You have a right, even if you have agreed to receive notices electronically, to obtain a paper copy of this Notice. To do so, please submit a request to the Privacy Officer at the address below.

Complaints: If you believe your privacy rights have been violated, you can file a complaint in writing with the Privacy Officer. You may also file a complaint with the Secretary of the U.S. Department of Health and Human Services at the below address. There will be no retaliation for filing a complaint.

U.S. Department of Health and Human Services
Office for Civil Rights
800-368-1019
TDD: 1-800-537-7697

For Further Information: If you have questions, need further assistance regarding or would like to submit a request pursuant to this Notice, you may contact the Sleep Disorders Center of Prescott Valley, LLC Privacy Officer by phone at 928-772-6433 or at the following address: 3259 N. Windsong Dr., Prescott Valley, AZ 86314.

This Notice of Privacy Practices is also available on our Sleep Disorders Center of Prescott Valley, LLC web page at www.pvsleep.com.



I acknowledge that I have read the Sleep Disorders Center of Prescott Valley, LLC Notice of Privacy Practices.

The Sleep Disorders Center of Prescott Valley, LLC may release health information to:

_____ Spouse: _____
Name

_____ Caregiver: _____
Name

_____ Other: _____
Name

_____ Patient Name

_____ Signature _____ Date



Testing and evaluation of sleep-related disorders

3259 N. Windsong Dr. ♦ Prescott Valley, Arizona 86314 ♦ 928-772-6422 ♦ Fax 928-772-6425



Sleep Disorders Center OF PRESCOTT VALLEY, LLC

Robert S. Rosenberg, D.O., F.C.C.P.
Board Certified Pulmonary and Sleep Medicine
Medical Director

Sleep Disorders Center of Prescott Valley Cancellation Policy

If you do not call within 24 hours of your scheduled time, you will be charged a fee.

Office Visit: \$25.00

Diagnostic Testing: \$100.00

- PAP/NAP
- EEG
- Home Sleep Test
- All Overnight Sleep Studies

Signature

Print Name

Date



Testing and evaluation of sleep-related disorders

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Patient's name

Date of birth



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Board Certified Pulmonary and Sleep Medicine
Medical Director

You are scheduled for a consult with us

On _____ at _____

CHECKLIST

- ___ **New patient paperwork completely filled out**
- ___ **Copy of insurance card(s) Scan front and back**
- ___ **Driver's License / Photo ID**
- ___ **Prior sleep studies and other records, if applicable**
- ___ **Current medication list**
- ___ **Smartcard if you are currently on a machine**

If you are unable to complete your paperwork or need to reschedule your appointment for any reason, please call 24 hours in advance.

Our office staff is available to help with questions and concerns during regular business hours:

Monday – Thursday 8 a.m. to 5 p.m.

Friday – 8 a.m. to 4 p.m.

Lunch – Noon to 1 p.m.



Testing and evaluation of sleep-related disorders

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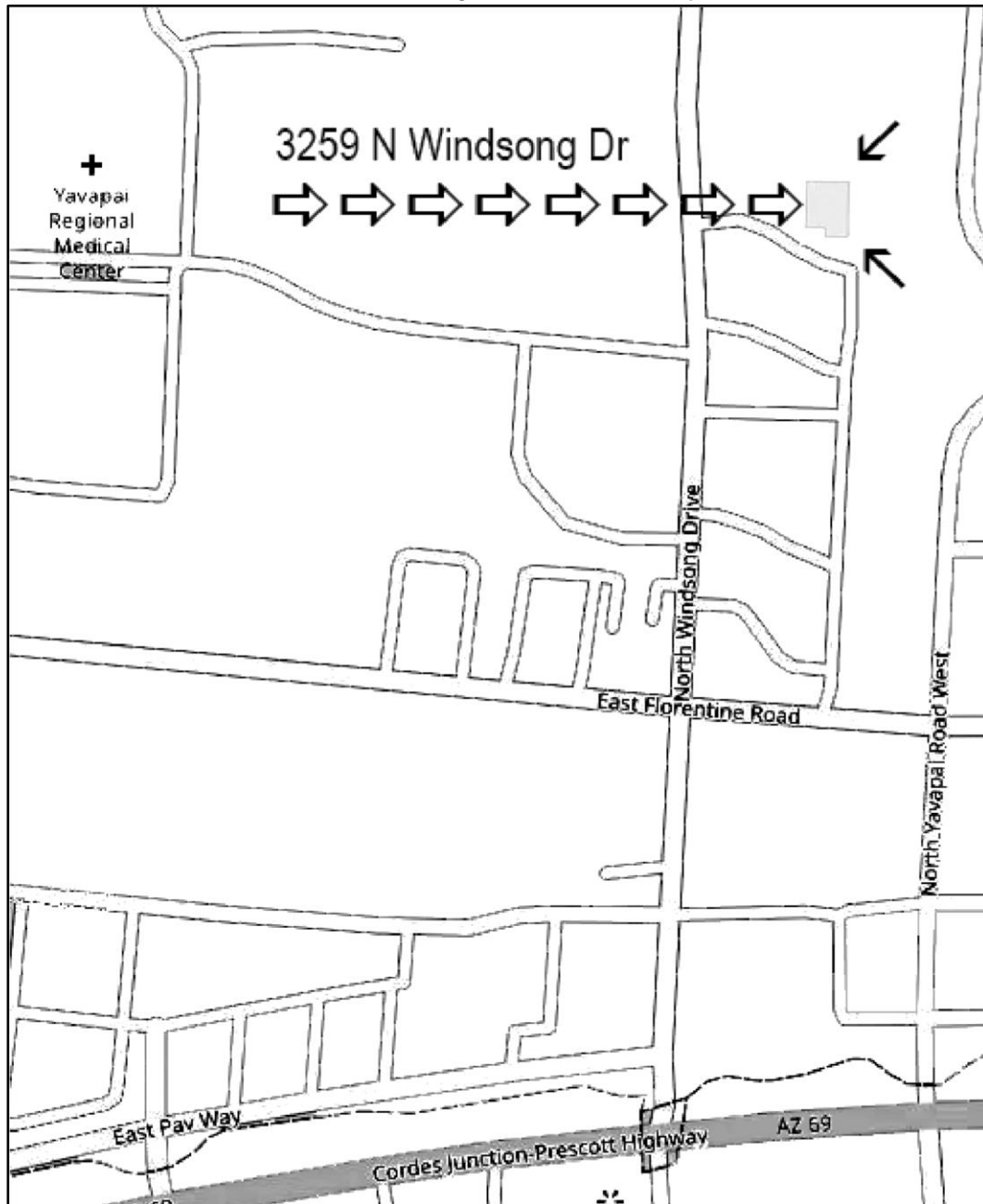


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OFFICE LOCATION

3259 N Windsong Dr, Prescott Valley



Testing and evaluation of sleep-related disorders

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